

Measuring Instructions for Men's Garments

CHEST (1):

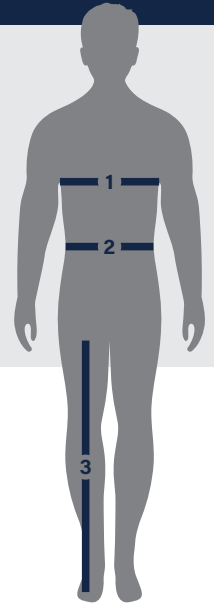
Standing naturally, measure around the fullest part of the chest and shoulder, under the arms with your arms at resting position.

WAIST (2):

Measure over undergarments at the natural waistline (usually approximately 1cm above the navel).

IN-LEG (3):

Measure from crotch to floor, with shoes.



SHIRTS									
Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To fit body chest size (cm)	89	97	105	113	121	129	137	145	153
To fit body chest size (inches)	35	38	41	44.5	47.5	50.5	54	57	60

JACKETS/SWEATSHIRTS									
Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To fit body chest size (cm)	92	97	102	107	112	117	122	127	132
To fit body chest size (inches)	36	38	40	42	44	46	48	50	52

PANTS												
Size	30	32	34	36	38	40	42	44	46	48	50	52
To fit body waist size (cm)	77	82	87	92	97	102	107	112	117	122	127	132
To fit body waist size (inches)	30	32	34	36	38	40	42	44	46	46	46	46
Garment in-leg length 30"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Garment in-leg length 32"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Garment in-leg length 34"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

COVERALLS									
Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To fit body chest size (cm)	92	97	102	107	112	117	122	127	132
To fit body chest size (inches)	36	38	40	42	44	46	48	50	52
To fit body waist size (cm)	82	87	92	97	102	107	112	117	122
To fit body waist size (inches)	32	34	36	38	40	42	44	46	48
Garment in-leg length (cm)	77	79	79	79	79	79	79	79	79
Garment in-leg length (inches)	30	31	31	31	31	31	31	31	31